

Leafman Cookbook



Debating on Blu-ray & DVD August 20

The Leafmen are always busy trying to fight against the forces of evil, but they need healthy foods to keep them running! Take a tip from them and make snacks for your little ones that use natural ingredients like fruits and vegetables. These recipes are as fun to make as they are to eat and they're perfect for little Leafmen!

*From the creators of Ice Age, the year's funniest, most exhilarating animated adventure comes home as **EPIC** debuts on Blu-ray Combo Pack, Deluxe Edition Blu-ray, and DVD this August 20 from Twentieth Century Fox Home Entertainment. Directed by Chris Wedge (The Ice Age Franchise) and featuring an amazing voice cast including Colin Farrell, Amanda Seyfried, Christoph Waltz, Jason Sudeikis, Steven Tyler, Pitbull, and Beyoncé, the blockbuster film comes home just in time to help families become one with nature and end the summer in Epic style.*

Fruit Kabobs



Fruit kabobs are a simple way to give your kids the nutrients they need. Make it even more fun by cutting the fruit into fun shapes and whipping up a yogurt dip. The kids will love to help put the fruit on the skewers!

Apple Sandwiches



Make a sandwich without the bread! Remove the core from an apple and then slice it to make the ends of your sandwich. You can fill it with peanut butter and mix with granola or raisins. For an extra special treat put marshmallows or chocolate chips in the center!

Miniature Pizzas



Bake up some miniature pizzas on English muffins. Be sure to include lots of veggies as the toppings! Let your kids decorate their own personal pizza for a fun night in. They can make faces or designs with the toppings.

Butterfly Celery



You can really get into the *Epic* spirit with this one! Celebrate nature with butterfly celery snacks. Fill your celery stalk with cream cheese or peanut butter then create wings and antenna with pretzels, and line the body with raisins or peanuts. These treats are not only fun to play with, but delicious and nutritious!

Banana Roll-Ups



Spread some peanut butter on a wrap and then roll up a banana inside for a quick and easy sandwich on the go. You can add jelly into the mix or leave it simple and speedy. Either way, this is a healthy treat the kids are sure to enjoy!