

## Kids' Guide to Vikings



**Debuting on DVD July 23**

Hiccup, Astrid, and the other teens at the Dragon Academy show us a bit about what it was like to live as a Viking, but there is so much more to know! Come take a look at this quick and easy guide to some of the most important facts about Viking life.

When it comes to action and excitement, the sky's the limit in this high-flying animated adventure based on the Academy Award®-nominated hit movie *How To Train Your Dragon!*

### Vikings at Sea



Not all Vikings travel by dragon like they do in Berk! Vikings built great, big boats called longships for war. Each one could carry at least 60 men! Even though they were so large, Viking longships were designed to be speedy and could move through the water much faster than other boats.

## Viking Clothes



Vikings from Denmark, Norway, and Sweden dress a lot like Vikings from Berk, but with more layers. To stay warm in the cold winters, Vikings wore clothes made of wool, animal skin, or linen and shoes made of thick leather or goatskin. In battle, they wore helmets made of leather or iron.

## Viking Homes



Vikings really knew how to make the most of their surroundings! Houses were built of stone, mud, and blocks of turf. They made thatched roofs from woven

sticks covered in mud. Vikings probably wouldn't let dragons sleep in their houses the way Toothless does!

## Viking Children



The Vikings in Berk get to go to the Dragon Academy to learn about how to become better dragon trainers. Instead of going to school, real Viking kids stayed home to help their parents work. Even without school and books, children could learn about history through songs and stories passed down from the older members of the town.

## Viking Food



The dragons in Berk eat fish, veggies, and bread given to them by their riders. Vikings ate similar foods, but also enjoyed meat from farm animals or wild animals that they would hunt. They drank out of wooden cups or drinking horns. Sometimes they had feasts for festivals that would last over a week!